Important Announcement!

TO OUR GENTLE READERS:

Beginning with April, 1955 issue, "The Bridge to Freedom, Inc." will start on its fourth year of publication. For the first three years it was partly sustained by the free service and gratuities of a few interested and consecrated chelas. It is now the desire of our beloved Master and Friend, El Morya, that "The Bridge" at least pay for its publishing and mailing costs. Therefore, starting with Vol. 4, No. 1 (April, 1955), the subscription rate for our little journal will be $4 per year in the United States and Canada and $5 per year elsewhere. If you desire special handling, such as first-class or airmail—please send us the additional money to cover this expense. The mailing cost by air of one copy of our journal to Europe is $.30 per copy and to Australia and the East it is $.50. You can readily see that the extra one dollar of the subscription rate does not cover this special expenditure.

Every thinking individual knows of the increased costs of labor these days in printing as well as the costs of paper and we have thoroughly checked these prices here as well as in other cities, for the most reasonable rates. Our little journal costs us nearly $.22 per copy to print and when one adds the postage and envelope costs, it tells its own story.

The preparing of the manuscript, typing, editing, proofing, etc., is all contributed as a glad free gift of love by willing chelas or we could not get "The Bridge" out at all. Even "The Reader's Digest" (with its tremendous circulation) has been forced to incorporate advertising copy in its issues starting with April, 1955, in order to carry expenses. The Masters have recommended that, as yet, we do not take the valuable space for advertising which can be used for copy, for such copy will be of benefit to your own soul growth.

By taking you thus into our confidence, it enables you to work cooperatively with us in the great opportunity at hand to expand the Beloved Master's words and works.

Gratefully and lovingly,

THE MANAGEMENT.

THE BRIDGE
TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

Volume III March, 1955 No. 12

To the Cosmic Spirit of the Resurrection and All Her Embodied Messengers:

The Archangel Gabriel, Our Lord Maha Chohan, the Master Jesus, Holy Mother Mary, Lord Serapis Bey of Luxor, Amaryllis (Spirit of Springtime), Beloved Virgo and every God Being, Angel and Elemental who has availed Himself or Herself of the currents of Resurrection, We humbly dedicate and consecrate this issue of "The Bridge to Freedom."

Preparatory to the celebration of the Easter Victory, let mankind deeply consider the power of Resurrection that is available to all. How few have availed themselves of its Presence and ascended on Its Flame to the fulfillment of the circle of being!

To Those Who have remained voluntary exiles from the Heart of the Perfected Spheres to which They have attained the right of access, in order that mankind and the nature kingdom might have the currents of Resurrection when they chose to accept such renewal, resuscitation and re-vivification, We give the gratitude of Our hearts.

Let the Resurrection Flame become an actual part of the sublimation of the human nature and the resuscitation of the Divine, through all who call themselves students on The Path during this season when the natural tides of renewal flow strong, sweet and vibrant from the Consciousness of the Lord Maha Chohan into the atmosphere of Earth and all her peoples!

THOMAS PRINTZ, *Editor.*

PUBLISHED BY THE BRIDGE TO FREEDOM
P.O. Box 335 Philadelphia 5, Pennsylvania, U. S. A.

Copyright 1955 by The Bridge to Freedom

The Homes and Retreats of The Masters of Wisdom

March 15 through April 14, 1955

THE RESURRECTION TEMPLE OF JESUS AND MARY

The beautiful circular Temple builded around the Cosmic focus of the Resurrection Flame for the planet Earth, is located in the Etheric Realms over the Holy Land. This area was sanctified by the life, teachings and Presence of the Beloved Master Jesus, His Mother Mary and those who assisted Them in establishing the initial impulse for the Christian Dispensation.

The Resurrection Flame became a necessity for mankind and elemental life from the time when disintegration, degeneration, decay and involuntary dissolution of form issued out of the imperfect causes set up through the consciousness of the race. While the angelic, human and elemental kingdoms *consciously* controlled the vibratory action of their vehicles, dissolution of form was a beautiful, rhythmic and natural activity. When the form—human or elemental—had completed the service for which it was designed, it was consciously dissolved. The component parts (electrons) released to the accompaniment of music, color tone and sweet perfume, for return to the Sun of the System for repolarization. Thus, during the entire time of manifestation, the vibratory action of the form was held in the rhythm set by the consciousness. This rhythm was harmonious, beautiful and part of the Music of the Spheres. Although some forms vibrated more slowly than others, to provide certain condensations of substance required for specific service, no form was disintegrating, decaying or dissolving while it had a service to give.

However, when the individuals from other planets and systems conveyed the capacity to generate seeds of decay into the consciousness of mankind, slowly the individual consciousness lost the capacity and power to govern the vibratory action of the physical and inner bodies. The causes that bred fermentation, rust, disintegration and decay manifested through the etheric bodies and finally on the flesh forms of mankind; also through the etheric bodies and manifest forms of the Nature kingdom and even inanimate form.

Thus was born the specific requirement for an activity of quickening, bringing back to life, resuscitating the Divine vibratory action in the Nature kingdom and in man, when he should desire it.

A Cosmic Being, Krishna by name, chose to draw through His own consciousness a powerful momentum of this restorative, life-giving Flame from the Source of all life. He then came Earthward, the Resurrection Flame anchored within His own Cosmic heart, establishing this Flame in the Etheric Realms over the Holy Land.

Later, the momentum and power of that Flame became a very real and efficacious part in the Victory of the Master Jesus. Jesus and His Mother Mary offered to become the Guardians of this radiating focus of light to release the previous Sponsor for service in higher realms. Someday, among the sons and daughters of men, others will rise who will show great affinity to the vibratory action of this Flame. From among them will be chosen Guardian Spirits to relieve Jesus and Mary of this self-chosen activity of guarding and sustaining the Resurrection Flame for those among mankind and the Nature kingdom who will require Its assistance.

Mankind has little concept of the loyalty, constancy, love and devotion required to *hold* a Flame which has been drawn from higher realms into lower realms, because the natural activity of all life is to seek its own level of vibration. The Flames which vibrate at a rate which is one with the perfected vibrations at inner levels, naturally desire to rise and seek again Their Source. The magnetizing power of those Beings Who continue to invoke, actually nourish by Their own attention, love and devotion to these Flames, is responsible for the radiating centers of God virtue which have interpenetrated the astral and psychic realms with enough of God's light to keep the soul alive and the spirit from entirely deserting the personal self in the course of the ages.

From the Etheric Realms, it is the desire of Our Lord Maha Chohan, Lord Maitreya and Others, that some among unascended mankind may prove sufficiently loyal, enthusiastic, loving, constant, pure and consecrated so that these Cosmic Flames may be drawn through the veil into the physical appearance world, visible and tangible to the physical sight of all mankind.

It is for this purpose that the veil has been parted and the Cosmic Law has allowed Us to establish a source of communion between the Ascended Host and the outer consciousness of the chelas. Over this line of communication, the students have been made aware of the presence of various Retreats and spiritual Foci. The Transmission Flame Activity was begun to see how much interest and how great a power of constancy would be evolved in these Cosmic Flames. The results are gratfying in the extreme. From among the student body, certain lifestreams have been "marked" by the Spiritual Silent Watchers as possible and potential Guardians of these Cosmic Flames. Time alone will tell whether the flame of enthusiasm will kindle the spirit to God maturity or burn the soul to ash.

The Resurrection Flame is also guarded by the Great Archangel Gabriel. From the Heart of the Circular Temple It flows in a musical rhythm through the circular corridors which surround the Holy of Holies. In each of these corridors, Masters of the Power of Resurrection and Their pupils absorb Its life-giving essence. They radiate it outward toward the periphery of the Temple to those waiting in the outer chambers, whose light has not yet made them sufficiently advanced to stand within the Heart of the undimmed splendor of the Flame.

As the pupils advance in purity and the capacity to receive, absorb and direct the Flame, they are allowed to move inward toward the Central Temple. When they are ready for the Ascension, they rise on the Resurrection Flame into the natural realm in which they are destined to abide.

While they are accustoming their bodies and consciousness to the Resurrection Flame, they are also serving. The Cosmic Law does not allow the receiving of more than ordinary assistance without a balance of impersonal service. Thus from each of these corridors, under the direction of their Master, the pupils are constantly sending forth the Flame and Ray of the Resurrection into the kingdoms of nature. This assistance is also sent into the hearts of those who have been pointed out by the Silent Watchers as deserving of more than ordinary help in individual endeavors to resurrect the Divine from the accumulations of human living through the centuries.

It is the request of Our Lord Maha Chohan that the students deliberately direct their consciousness toward this Temple

during the thirty-day period when the Spiritual Hierarchy is present there; further, that the students bring back each day the Ascended Jesus Christ feeling of the power of the Resurrection. They should then use that power of Resurrection *consciously* to restore, resuscitate and bring to life in their own individual worlds, some specific God-requirement which seems lacking. Thus, if the requirement is for health, the student is requested to draw the power of the Resurrection through the inner and physical bodies and attempt consciously to restore the natural rhythm and vibratory action of the Holy Christ Self. If the requirement is for supply, the student is asked to consciously draw the Resurrection Flame through the appearance of limitation and *keep at it* until abundant supply is within the governing power of the individual. Practical use of these Flames can and will assist the evolving consciousness. Also this affinity thus established will qualify certain ones to assist in the various Retreats and prepare for the day when such ones may become the Sponsors of the Retreats and Guardians of the Flame in the physical appearance world.

THOMAS PRINTZ.

(Note: For further information and descriptions on the Resurrection Temple, please see The Bridge to Freedom, May, 1953, Volume II, No. 2; supplement to The Bridge to Freedom, January, 1954; Transmission Flame Book, pages 52-54.)

Address by
BELOVED MOTHER MARY
February 5, 1954

Beloved children, I come to bring to you My love and gratitude for your deep interest in life and to endeavor through conveyed consciousness to show you ways and means by which your individual worlds might again be set into Divine order. I do this that you may find yourselves conductors of that Presence of God which *mentally* you have accepted as filling this universe but which requires the confirmation of your *feelings* to be ever active through you into this world of form.

In a measure, each of you is a bridge conducting the consciousness of the Inner Realms into the world of form and acting as mediators (even as I do at inner levels) between the

fullness of God and the Intelligences which represent Him and the mass mind.

Mankind may rebel all they wish at the necessity for mediation between the fullness of the Godhead and the outer consciousness. However, the Law of Life and the Intelligence that governs the great universal scheme of creation, has provided these "step-down" transformers *in mercy.* This is done so that those who voluntarily and consciously descended into the pit might have a chain of energy over which the blessings, the mercy and the very spiritual life (which sustains their souls) may flow. In time, over such a chain of energy (when the voluntary energies of their own worlds so desire) they may ascend again into their rightful estate and assume their places as Sons and Daughters of the most high living God.

Even as the spider weaves out of his body the web and uses it as a means of transportation to and fro, so is the bridge of life energy woven out of the very Essence of Divinity. It is carried by the Messengers and the lifestreams who may have only a partial connection with the Realm of Perfection, in order to infiltrate the consciousness, stimulate a love for Truth and, wherever possible, act as instruments of *Faith* by which *works* may be manifest.

Each of you has developed (over the ages and through the centuries) certain momentums that make you conductors for specific qualities that represent the nature of God. These momentums are your individual and voluntary gift to life. They are the treasures stored up in Heaven. They are that part of you which We can use to externalize Our work and service in the world of form. They are the only part of any lifestream with which We are concerned. It is Our desire at all times to emphasize and externalize more and more of the *nature* of God through the "leaven" in the individual lifestream. This "leaven" may be faith, purity, peace, happiness, or it may be a momentum of teaching or healing. These examples are just to give you a "bird's-eye" picture, you might say, of the way We in the Hierarchy work in drawing around ourselves certain lifestreams who We feel can best serve the Divine Plan in cooperation with Our life. We then endeavor to connect Our energies with these individuals through whatever means are at hand.

We connect Our energies with mankind by radiation, through the contemplation by your blessed selves in thinking upon Our Presence. We also connect Our radiation with your consciousness through the spoken word at the rare intervals when life allows Us this privilege. In every instance, every Perfected Being Who lives within the Kingdom, contacts unascended beings solely to expand the borders of the Kingdom; to expand the radiation of perfection and to draw more light and more of the God gifts into this world of form, into the psychic and astral realm which forms the atmosphere of your planet.

My service to life has been connected with the creation of the heart through which the Sacred Fire is focused into the physical appearance world, giving identity and being to a personality for a time. It is an interesting service that perhaps can be elaborated upon. You use it yourselves in this Activity to create a heart-center, made up of living cells, living intelligent beings having free will. However, this is different from the heart made up of intelligent energy sworn to obedience, which is the physical heart of an individual.

When the lifestream is given the grant of securing a new Earth body, and when the Lords of Karma have passed on it, that lifestream is drawn into My Temple. Together We look over the substance and energy which the soul has used (oh! perhaps through aeons of time). This is the personal heritage endowed by nature to that soul to form the envelope in which it must function.

As I have said before, We endeavor first to fashion (from that elemental substance) the heart, which is the chalice for the Immortal Three-fold Flame of Life. The heart cells in the physical body are the most highly developed of the elemental substances that make up the physical form because, in the course of their service to life, they require more resistance and more durability, in order to stand the beat which gives life to the physical body. Therefore, from among all the elemental substance which will form the flesh garment, the most highly developed electrons are used in the heart. These are drawn into the body of the prospective mother and become part of the flesh of her form, even before conception takes place. Then through that marvelous intelligence of the Builders of Form,

the heart cells belonging to the new soul are segregated from the body of the mother, always discarding the substance which is of the parent. In this way, the substance which is of the new soul makes this exquisite chalice enfolding the Three-Fold Flame of Life.

It is such a beautiful, mathematical and scientifically accurate process that I would love to show you in pictures on a screen the precision with which the Builders of Form magnetize the substance belonging to the incoming soul and cast off again, again and again one cell out of every two, until this heart is formed.

In exactly the same measure and manner, the cells that are to form the spiritual heart of a community, a Movement, a great nation, a planet, a universe or a galaxy, are selected from the lifestreams who have developed the greatest endurance and the greatest purity. These have earned through ages of time the privilege and honor of forming the canopy of protection around the Sacred Fire which is to be drawn forth and expanded for the blessing of the masses.

From the great body of mankind, there are not available too many cells that can be used for a spiritual heart. From within the spiritually attuned and elect, We find seven distinct types of individual momentums and consciousness which could be utilized in the seven ganglionic centers of the Spiritual Body of the Christ. These people respond to the impetus of a New Activity. They know that they are destined, you might say, to become a part of some vital organ in a great current endeavor, whether it be a World Movement or a local political activity. In that response they sometimes apply for a position within the heart, although they belong to another center. The same spiritual segregation goes on constantly, drawing in the heart cells, purifying them, fitting them one by one into their perfect place. Then endeavoring harmoniously, if possible, to draw the other cells into their own vital organism.

This is the activity in which you are engaged today, beloved ones. More or less, you are the substance being formed by the Hands and Hearts of Intelligences greater than your own. In this great scheme of things each one has his perfect place. We who can see, have designed so carefully the creation of the Spiritual Heart. This will be the supplier of the energies

to vitalize this great Spiritual Body that is to be the Cosmic Christ of the future, made up of every one of the ten billion souls destined to incarnate and develop mastery on the planet.

The creation of a heart is the most crucial point in the creation of a physical organism. It is also a most crucial point in the creation of a spiritual organization. It requires tremendous application upon the part of each and every lifestream who has been "summoned" by the Law, and who has been even loosely fitted into the design.

As I have been honored this year by being given opportunity to reach the masses, I am also honored by the opportunity of working with those of you who choose to see the design behind the seeming chaos and confusion. I shall endeavor, (as My own momentum allows and the wisdom of My centuries of forming hearts permits), to help you in your task.

In the physical body, if at the time of gestation the cells that are to form the seven great centers might not polarize properly (for some reason or other) or are not held within their orbit perfectly, you have a physical instrument of incarnation that is defective in one or many ways.

The spiritual sorting (wherein every lifestream takes his perfect place and abides therein) *is essential before We can expand the endeavor to raise and redeem the masses* and purify all discordantly qualified functions in the spiritual body of the race.

We are in a secret and sacred time, a time when I, Myself, remembering My own experience, suggest that you ponder these things in your heart. Pray on them, ask the grace of your own Christ Self to illumine them to you *and then strain not,* but endeavor to be the best cell that you can in your appointed place.

I have thought it would be a pleasurable gift to life this year to endeavor to record some of the heretofore unchronicled experiences of Our life in Judea. From time to time as opportunity permits, I will bring to your remembrance certain of these homely pictures and scenes. Then perhaps through your kind assistance and love you may compile them and give them to those who choose to have them as the gift of Mary in 1954.

(Note: This has been done and the memoirs of Beloved Mother Mary are presently in process of compilation for early printing.)

Excerpts from Instruction of
OUR BELOVED ASCENDED MASTER SAINT GERMAIN

I bring to you the blessings of the Cosmic Hand of the Holy Spirit, Which is constantly outstretched in blessing, in benediction, in the giving forth of Its substance to enrich the consciousness of mankind and all evolutions presently developing in, through and around the atmosphere of Earth.

Channeled energy is an interesting study in itself. It is, particularly, the activity of the Seventh Ray. Energy (life) is drawn and qualified through the centuries by Beings Who have attained God Mastery. This qualified energy forms the atmosphere and the personal auras of those Beings in the Realms of Perfection. To draw the blessings of energy already qualified with healing, purification, illumination, abundance and peace into the lower atmosphere where it can be absorbed by those requiring that assistance, it is necessary for the conscious creation of channels and focuses through which that energy may be magnetized and radiated.

As heat rises when the activity of flame quickens the vibratory action of the atmosphere and as cold settles when the vibratory action of the atmosphere is slowed down, so does the energy qualified by harmonious consciousness rise to its own level and energy qualified by inharmonious consciousness settles around the individuals in distress. This adds to the shadows through which the soul seeks to find freedom.

To draw rapidly vibrating energy into the more slowly moving rates of vibration in which mankind and much of the elemental kingdom abide, it is necessary to invert the natural law of the ascension of perfection. How is this done? By the interest of individual beings (not necessarily ascended). These offer to descend into a vibratory action where the need is great and they have access through knowledge, conscious application and assistance from Beings Who abide in the Perfected Realms to the gifts, powers and radiations required so much to remove mankind's distresses.

These individuals offer to magnetize the cosmic currents through their own consciousnesses and then radiate these cosmic benedictions to their fellowmen. They are individuals who are dear to My heart and who form the foundation of the Ceremonial Ray to the present evolutionary scheme.

To keep a magnetized center of living spiritual force radiating forth in the lower atmosphere of Earth requires the assumption of authority by some intelligent being who chooses to become such a conductor, protector and radiating center of a specific God virtue.

You know how certain chemicals when exposed to air dissipate themselves and the radiation and efficacy of their element grows weaker and is finally absorbed by the atmosphere. You have seen how smoke billows are dispersed by the winds. Thus, if magnetized currents of spiritual essence when drawn into the lower atmosphere are not constantly replenished through rhythmic applications, decrees, visualizations and attention, they spend themselves and are no more. This is the purpose of creating decree groups and designing forcefields dedicated to not only invoking but sustaining the radiations of the Ascended Masters. These focuses are like suns that do not lose their radiance by shining and the very life of the students forms the sustaining of that virtue, gift or blessing for the benefit of all peoples.

You have been taught that the results of your harmoniously qualified energy rise and become the glory of the Casual body and the results of the destructively qualified energy becomes the karmic shell around the outer consciousness. Here you have another example of the natural law by which good ascends and evil descends.

The great Lord Guatama Buddha, the Master Jesus, and many Others have voluntarily bathed in the essence of God's heart and then consciously descended into the world of form to remain a magnet of attraction of those higher vibrations which otherwise would be too subtle in their essence to bless mankind.

The Archangel Zadkiel and My humble Self are engaged in the training of a few among mankind in the art of conscious invocation at this time. As the forcefields of the group endeavors develop and mature, the radiation of the specific Being to Whom the students have dedicated their services will become a predominant influence upon the outer consciousness of the people.

The requirement of the hour is constancy of endeavor so that the invoked blessing may be sustained by the joyous life of the students given in decree, song and application.

THE MASTERS ON WISDOM SPEAK

ON SPIRITUAL ASSIMILATION

MAHA CHOHAN

In every kingdom the capacity to assimilate the already provided wealth of nourishment is determined by the individual consciousness. The development and perfection of the individual being is based on his own power of assimilation of the God gifts provided. For instance, two tulip bulbs planted side by side have equal access to the nourishment of the Earth, the moisture of the water element, the stimulation of the air, and the fecundating powers of the Sun. One will magnetize, assimilate and make its own all these forces and become a magnificent bloom. The other may lie dormant and not fulfill its Divine Plan through the "free will elective." It is likewise true of angel, man and beast. The process of evolution is determined by the desire for and capacity to utilize the ALREADY PROVIDED SPIRITUAL NOURISHMENT which forms the atmosphere of the soul.

EL MORYA

Certain specific cycles of time allow Us opportunities to focus into the atmosphere in which Our chelas abide, additional spiritual stimuli which We can only HOPE will be absorbed by their consciousness through free will acceptance and assimilation. For instance, at present We are able to open the door to the Ascended Masters' Octave and to allow the Cosmic Beings and Ascended Masters to present Their own instructions in comprehensible form to the chelas. How long this cycle will last only the Great First Cause knows. As the cycle of springtime offers particular stimulating currents to the growth of nature, so do Those of Us engaged in developing a race of Perfected Beings, seize upon any beneficent spiritual tides which can bring Us closer to those through whom We must endeavor to reach the plodding consciousness of the race.

KUTHUMI

Each individual determines, consciously or unconsciously, according to his spiritual development, how much of the spiritual blessings he will draw into his own soul. The lethargic will not make the necessary effort to magnetize the currents of

a spiritual hour. Thus, in the Ministry of Jesus, millions lived on, absorbing little or nothing of His Presence, and only the few alert enough to grasp that Hour rose on the impetus of the Christ Power into their own Ascended Master Presence.

PAUL, THE VENETIAN

We can provide all of the knowledge, the inspiration, the methods of application required to make a man God-free. However, in the final analysis, what each soul does with that proffered assistance (in the privacy of his own heart) will determine the progress of that soul toward mastery and freedom.

SERAPIS BEY

Nature is constantly endeavoring to remind the consciousness of man regarding the necessity of spiritual alertness and sustained enthusiasm. There are the two activities manifest in all life—centrifugal and centripetal force. Each manifest intelligence, from an inanimate object, an elemental expression in the nature kingdom, to the soul of man, wields these two powers to a greater or lesser degree. The durability of a piece of furniture is determined by the magnetic power drawn by its creator and focused into its building and finishing. If it is put together lovingly, graciously and with symmetry of thought and harmony of feeling it will long outlive a piece of furniture created specifically as a commodity of sale with the motive power behind its creation being that of securing money. If man, drawing toward himself through the magnetic power centered in his heart, receives knowledge, wise is he then to reverently, graciously, rhythmically and enthusiastically build from that knowledge a more perfect nature in himself and then an impersonal blessing to his fellowman.

HILARION

Good health, physically speaking, depends upon the body's capacity to assimilate the nourishment provided through food, sunshine, air, etc. There are many individuals who are "exposed" to all of the natural gifts of nature but who live with

impaired physical vehicles because of the incapacity to assimilate the gifts of nature provided for sustenance of the flesh form. This is likewise true of the inner bodies which mankind for the most part ignore. If the soul cannot assimilate the spiritual blessings which fill the atmosphere, which are brought by the Presence of the Masters and the Angelic Hosts, that soul is "sick" and requires the same assistance that a physically impaired vehicle requires to allow the gifts of the Spirit of Truth to enter into, nourish and develop the God nature. Where students are often sympathetic with those experiencing *physical incapacities,* there is so often extreme intolerance with regard to the limited capacities of other lifestreams to recognize, assimilate and accept what (to the chelas) are self-evident truths. Conscious chelas must realize that it is the healing of the souls of men which is their particular service in this present hour. When the soul is opened through grace, kindliness, prayer, invocation and application to the reception of Truth, there will be no argument nor barrier of bigotry in the ones you desire to help. You cannot *drive* a soul toward God but you can *lead* it.

JESUS

Let us liken the souls of two men to a small child and a grown man. The wise man will not expect the small child to assimilate as much from the teacher as the mature man. Yet, students so often expect all souls to be in the same state of spiritual growth and equally capable of assimilation of spiritual truths. If you could look upon a congregation from the inner spheres, you would see the difference in the size of the upraised consciousness its vibratory action, its color, all of which determine how much such an one can possibly assimilate from the service.

Wise is the teacher who invokes the Presence of the I Am within the heart of the very least of his students to help the soul assimilate all that it is capable of accepting and then asks that the soul utilize that nourishment to its own development and the blessings of the race. This develops a kindness, a tolerance, a loving understanding between the teacher and the aspirants. Overly zealous teachers expect more of some souls than they can possibly give forth. Working impersonally with the Presence of God Who knows the capacities of each soul, the teacher is relieved of the sense of personal responsibility

and strain and the aspirants are nourished by the loving understanding of the teacher to whom they look as the open door to the Kingdom toward which their hearts aspire.

SAINT GERMAIN

Students must learn to make the truths they hear and read their own. As the shell of destructive living through the centuries imbeds the mental and feeling worlds of the average man, so much of the Masters' instruction is deflected by even the most earnest consciousness. With the same care, precision and wisdom that the wise farmer plants his crops in the springtime knowing that his life and well being will be determined by their harvest in the autumn, so should the student plant within the consciousness the Words of the Master, nourish them, pluck out the weeds of irrelevancies, and bring to harvest in his own world the Master's Consciousness. This admonition cannot be given too often for the outer self is inclined to "gloss over" instruction which it has heard before in favor of the unknown. Instruction from the Master is not repeated if it has been assimilated the first time. When repetition occurs, the wise chela stops and knows that he is being "fed again" because he has not assimilated the nourishment offered him previously. Impatience and the desire to "plumb the heights of the heavens and the depths of the sea," rather than the development of the Christ nature in self, have taken many a chela off the path during a period of particularly auspicious spiritual currents. Remember, the Master knows your every requirement and before your soul has called he will have answered with exactly what you require at that given moment!

FRANCHISE NOTICE

Registered as Third-class matter and under Postal Franchise Regulations at the Philadelphia, Pennsylvania, Post Office

Editor: THOMAS PRINTZ *Manager:* F. K. EKEY

1955 Rates (beg. with Vol. 4, April 1955)
$4.00 per year each subscription (U. S. and Canada)
$5.00 per year elsewhere

Please make all checks and Money Orders payable to
THE BRIDGE TO FREEDOM
P. O. Box 335 • Phila., (5), Pa.

MONTHLY LETTER TO TRANSMISSION CLASSES

BELOVED SPIRITS OF GOD: March, 1955

I invoke the Cosmic Spirit of Resurrection to connect with the Immortal Three-Fold Flame within your hearts and to expand, expand and forever expand Its pressure until the flesh is quickened, the mind illumined, the feelings harmonized and the etheric body purified by Its life-giving powers.

For many centuries I have been privileged to utilize the already generated and consecrated power of the Resurrection Flame in order to bring forth from seeming death the life and sustenance, the beauty and inspiration of the Nature Kingdom. In rare instances, I have been privileged to assist an evolving lifestream to connect with this Resurrection Flame and thus restore the natural Spiritual nature, transforming the flesh and sublimating the lower nature through Its resuscitating powers.

As we enter again the Retreat of the Resurrection, as well as the season of Springtime, I urge each chela to endeavor consciously to magnetize this Resurrection Flame and draw It through whatever particular portion of mind, body or soul that has fallen below its natural Divine perfection. None of these Cosmic Flames will avail mankind of blessing unless and until mankind experiments with Their use in a practical, scientific manner. It is time that the chelas who have been invited into the Presence of the Ascended Host show actual fruit and harvest because of their proximity to the focus of the Cosmic Flames honored in each thirty-day cycle. In the name of your God, I implore you personally, individually, to resurrect some portion of your world in this thirty day period. If you will, I shall go with you before the Karmic Board with your proof of the efficacy of the Cosmic Flames drawn through unascended lifestreams which does restore perfection where the inroads of discord, inharmony and distress have created imperfection.

I do not need to convince any sane person that the power of Resurrection is real. Everyone who has witnessed the glory of one Springtime has seen its practical, powerful efficacy. However, I do need to convince the reluctant feeling world (slumbering in its acceptance of disintegration and decay) that the power of the Resurrection is available to every consciousness—angelic, human and elemental. TRY IT OUT!

Love and blessings,

MAHA CHOHAN

* * * *

GROUP MATERIAL FOR TRANSMISSION CLASSES

BELOVED FRIENDS OF THE RESURRECTION FLAME: March, 1955

In the Name and Authority of my own Beloved "I AM" Presence (my very life) I call to that same individualized Presence of life (God) anchored in your own heart to ARISE within you. I call Him into action to look in, around and through your world and pass the full power of the Resurrection Flame through all the substance there. This shall bring forth and increase all the good (which you want) and cause the rest to be transmuted into the purity of light from which it originally came. In the Name of this glorious "I AM" Presence, I command this to be done for you and through you once every hour, in ever expanding power, until you are the Master of your world forever. This shall be! *Try to feel this reality* and *accept it!*

Do you realize, dear friend, even though you may not know much about the Resurrection Flame, how many times it has blessed you and me in every embodiment we have had all through the ages? Every eleven months the physical body completely renews itself, throwing off the old and bringing into manifestation the new; every healing that has ever taken place was a use of this Flame, bringing back into its original perfection (re-surrecting) whatever had been damaged or thrown out of balance for some reason. This Flame is constantly at work in through and around us and many, many times has been used by the Master in the answering of our calls.

It is now the desire of the dear Maha Chohan and Ascended Host Who are working with us in this New Activity, that WE (you and I and all under this radiation) NOW BEGIN to consciously accept the reality of this Flame and daily use it to produce the healing, comfort, harmony and supply we require for our successful sojourn in this physical appearance world. God, our Father (the "I AM" Presence anchored in every heart) WANTS US TO BE HAPPY, HEALTHY, PROSPEROUS and FREE from all that is not the perfection which He designed for His creation. You will remember the Bible says

"God looked upon His work and it was VERY GOOD." That which is NOT "very good" today is the result of the human imposition of selfishness, impurity and imperfection of every kind UPON the perfection God intended.

By the constant use of Beloved Jesus' statement "I AM THE RESURRECTION AND THE LIFE . . ." we can and should at least BEGIN to adjust everything in our daily experience and bring all into perfect Divine Order. At least, WE CAN TRY! To use FAITHFULLY and WITH FEELING "I AM the resurrection and the life of my finances (repeat 3 times) NOW MADE MANIFEST" will positively bring those results *if you will persist in its use long enough and put your feelings into it.* You can use the many idle moments one has during the day—riding back and forth from shopping or work, waiting for someone on the telephone, etc., and make it a constant HABIT to use that statement in various forms, whatever you want to manifest. For instance "I AM the resurrection and the life of the Ascended Jesus Christ harmony of this home and family (repeat 3 times) NOW MADE MANIFEST." Then LOOK for that harmony—EXPECT IT! Encourage every little improvement and make it grow. "I AM the resurrection and the life of the Divine Justice of this whole situation (repeat 3 times) NOW MADE MANIFEST." "I AM the resurrection and the life of the perfect health and action of every cell and organ of my body here and now." Just saying it ONCE won't do the trick! It is constantly and determinedly impressing the outer consciousness with the TRUTH of this statement until the outer self REALLY BELIEVES IT—then INSTANTLY the manifestation takes place, visible and tangible before your very eyes. This is a habit you will never want to break and the constant use of picturing the luminous Presence of the Beloved Master Jesus (described last month) around every one and every thing you want perfected will do much to hasten your manifestation of perfection. "If ye know these things—happy are ye IF YE DO THEM"—Jesus.

The statement to be used for this Transmission Flame Class is:

1	2	3	4	5	6	7	8
"I AM"	inbreathing	th'raising	feeling	of th'Resurrection	Flame	from beloved	Jesus

The above is repeated using the words "I AM absorbing . . ." "I AM expanding . . ." and "I AM loving . . ." Of course, the group of these 4 is used over and over until it has been repeated 12 times aloud. Then the rhythmic breathing continues for 20 minutes longer in silence, each individual repeating the above statements silently to himself.

The melody to be used preceding all classes during this period is Schubert's "Ave Maria." Gounod's "Ave Maria" may also be used. The color of the Resurrection Flame is "Mother-of-Pearl."

Lovingly all ways in the light—

"I AM"

FRANCES K. EKEY

* * * *

Excerpts from Instructions by
THE ASCENDED MASTER SAINT GERMAIN

I have always been a great lover of the association called friendship, for it does not smack of the sentimentality of lovers, nor the over-solicitude of family and blood-ties. It is rather an honest sharing of consciousness, love and the gifts of each one's own lifestream, tangible or intangible, according to the estate of each man.

True friendship is based on absolute honesty (which requires delving into the inner recesses of the outer mind). Friendship desires the best success and accomplishment for the friend. Friendship is primarily a giving and not a taking. I believe, in Our realm, that the term friendship most nearly describes the attitude of feeling and consciousness among the members of The Brotherhood. Even in one's relationship to the God Presence within the heart, a growing sense of comradeship and friendship make the association both practical and healthy.

I Am hoping that such friendships will develop among all those of you who wish to assist Us at this time. Professions of loyalty speed forth from the lips as the arrow is shot from the bended bow. Loyalty of heart is more slowly developed and radiates forth like a gentle warmth of the fire upon the hearth when the first violent flames have kindled the depths of the wood and the coals burn constant and warm and enduring. This is the intangible brotherhood we are praying for among you, the chosen.

Excerpts from Instruction of

OUR BELOVED LORD MAHA CHOHAN

October, 1948

Where mankind speaks of life, We speak of electronic energy. I Am a cosmic dispenser of life and therefore know the actual reality of that substance. Men consider life wasted, life boring, etc., because they have so little comprehension of the very nature of that glorious gift of life from God's own heart.

From the Heart of the Universal First Cause, there are sent forth countless billions of little intelligent beings, all carrying gifts of health, illuminations, understanding, love and light. These beings are given into the heart of the I Am Presence of every unascended being and directed by that Presence into the heart of the human form. They are eagerly awaiting passage through the world of form qualified and directed to be a specific blessing to the race. The Presence blesses each one of these miniature beings and sends them forth to each human personality in a rhythmic pulsation, hoping that they will pass through the channel of the personal self to fulfill the Divine Plan of God. From the time they leave the aura of the Holy Christ Self, they are seized by the emotions, the thoughts and activities of the lower self and are catapulted into all sorts of destructive patterns and forms. Their little vials are broken and their gifts dispersed and they pass from the outer consciousness with little opportunity to fulfill their individual Divine destiny.

The continual procession of these little beings goes on through every human being on the planet and if each one was a constant conductor of the electronic energy in its perfected state, soon the Kingdom of Heaven would be established on Earth. To be such an open door and to stop the crucifixion and imprisonment of elemental life in distorted form is to be blessed indeed. Where such an individual is found, the Father of life entrusts more and more of his tiny messengers (electrons) hoping in that way to balance the waste of the billions of electrons who have never reached their full perfection in the

outer world because of the personality's discordant vibrations.

Because of the present endeavors of the Master Saint Germain, I Am endeavoring to concentrate more of this electronic essence through the chelas. If they can put the personal ego aside and allow themselves to be such conductors of Freedom's Flame, We shall be so grateful.

* * *

THE GURU AND THE CHELA

By the Ascended Master Kuthumi

CHELA—Beloved Master: We are told that knowledge imparted to us brings with it an obligation to utilize that knowledge for the blessings of life. Will you tell us how best to assimilate the Truth within the instructions given to us by the Ascended Masters?

GURU—Blessed Chela: The old adage "where ignorance is bliss, it is folly to be wise" has a good deal of truth within it. The individual who has not had the opportunity of receiving assistance and directions from the Ascended Masters is not as liable before the Cosmic Law for manifest works as is the one entrusted with the time, energy, thought and instructions of Beings Whose every breath is priceless because it can and should be used only to further the Divine Plan. It is not enough to read the Words of the Master, nor to accrete an intellectual knowledge of spiritual fact. The chela must *build* those Words into his own nature and *become* the Master.

CHELA—Beloved Master: Is there any particular recommendation you can give us so we may best profit by your instructions?

GURU—Blessed Chela: Yes. Proceed somewhat as follows:

First: Choose a certain time of day for your reading and endeavor to build a momentum of rhythm in adhering to your contemplative cycle.

Second: Prepare your consciousness by reflecting earnestly on what you are about to do—enter the Holy Communion

with your God and your Master. Still your mental, emotional and physical vehicles and raise your consciousness until it touches the spiritual aura of the Author of the Words you are about to consider. Ask Him or Her to give you the Ascended Master's feeling, comprehension, understanding and capacity to interpret those Words into action for the blessing of your fellow man.

Remember you are about to partake of the qualified life of some God Being, Who has in mercy and love chosen to give you His instructions to help you to become free also. Feel a sense of deep gratitude, reverence and humility in accepting this Essence. If you will do this, you will receive not only the worded expression of truth, but the living essence of truth which will be a fire unto your spirit. A simple prayer to be said before reading the Words of the Master could be something like the following:

"Beloved Presence of God, I Am! It is Thy life and intelligence which enables me to read, to comprehend, to absorb and to do what is required of me! For life, I Am so grateful! Beloved Master (here address the One Whose words you are about to read and contemplate)! I ask you Your feeling and Your capacity to use this instruction to God's glory and mankind's comfort."

Third: *Do not read hastily!* Remember gluttony is not only of the flesh but of the mind as well. Many civilized people who shrink at the ravenous gulpings of the savage or the beast would be amazed at the sight of their own mental body devouring knowledge. Let your mind reverently, respectfully and gently approach the instructions of the Master and pause upon a sentence or paragraph which the Grace of the Ever Presence may emphasize through your own soul's light. It is not *how much you read* nor *how much you know* but *what you are* that forms the measure of your capacity for spiritual assimilation.

Fourth: Elect within yourself to make some portion of your reading an active part of your nature each day. Thus the process of sublimation and of transmutation becomes a rhythmic cycle of graduating consciousness rather than a clumsy lumbering, resulting from spasmodic endeavors.

Fifth: When you have completed your reading, again make a brief invocation to your own I Am Presence and the Master with Whom you have been in communion, to nourish by the spiriutal Grace of Cosmic Truth the seeds planted in your consciousness. Ask that the ideas thus entrusted to you shall become manifest flowers of perfect expression in your world and the world of your fellowman.

"Beloved Presence of God, I Am! Pour the light of Thy Grace upon my consciousness. Nourish the seeds planted by the Master. Let me not be one admonished from *without* but not inflamed *within*, lest the word which I have heard (or read) and not practiced, known and not loved, believed and not observed, rise up in judgment against me."

Quoting the words of a wise man who walked the path before you—"Truly when the Day of Judgment comes, it will not be asked of us, what we have read, but what we have *done*; not what fine discourses we have made, but how righteously we have lived."

CHELA—Beloved Master: Is there any prescribed course of reading which would be of particular benefit to our soul growth?

GURU—Blessed Chela: For each man a different type of instruction is required. When the Master Himself does not conduct the personal instruction for the chela *daily*, the chela must draw from within himself through the intuitive faculty and the flame of wisdom in the heart that which can best benefit him each day. When a chela is particularly drawn toward a specific Master, the chela can build up a momentum of spiritual rapport with such an One through observance of the above exercise and then reading those Words written by that Master. Even in reading the words of unascended beings, if the individual were to put himself into spiritual communion with the consciousness of the writer, so much more could be received in a short period of study than when the outer mind literally "plunges" into the reading in a haphazard fashion.

SWEET AMARYLLIS

Sweet Amaryllis, we greet Thee in song,
Goddess of Spring—its beauty prolong.
All the Earth wakens to bless Thy dear heart,
All veils of Winter part.
Flame of Resurrection, Thy Presence now commanding,
Love's Eternal Youth by Thy Presence now demanding.
Our love to Thee—set all now free,
Blaze Love's youth through all for Eternity.
Sweet Amaryllis, we greet Thee in song,
Goddess of Spring—its beauty prolong.
All the Earth wakens to bless Thy dear heart,
All veils of Winter part.

Sweet Amaryllis, Goddess of Spring,
Love's adoration joyous we sing;
Forces of Nature arise in Thy love
Drawn by our Sun above.
Come with the Earth at the dawn of Creation,
Thy Eternal Youth compels all our adoration.
Beauty of Spring, Heaven to bring,
Now o'er the Earth let the Easter bells ring.
Sweet Amaryllis, Goddess of Spring,
Love's adoration joyous we sing;
Forces of Nature arise in Thy love
Drawn by our Sun above.

Sweet Amaryllis, Her Beauty of Light
Makes all our Earth a Heavenly sight;
Blossoms and buds to Her glory unfold
Turning Earth green and gold.
Crocuses and daffodils and all the lovely grasses,
Grateful for Her Love, kiss Her garments as She passes!
Maha Chohan, to Thy Heart we call
Through hope of Spring, bring Love's comfort to all.
Sweet Amaryllis, Her Beauty of Light
Makes all our Earth a Heavenly sight;
Blossoms and buds to Her glory unfold
Turning Earth green and gold.

Sweet Amaryllis, to Thee now we call!
Let Nature's glory awaken all;
Let Jesus' Victory to all men impart
Springtime within the heart.
Great Three-fold, Love's true balance you are holding,
Resurrection Flame through all beings now unfolding.
Let all awake! The shadows forsake!
Of God's new life let all living partake.
Sweet Amaryllis, to Thee now we call!
Let Nature's glory awaken all;
Let Jesus' Victory to all men impart
Springtime within the heart.

Tune: "Melody in F"—Rubinstein